

Seattle Tae Kwon Do Academy LLC / Summer Schedule

NORMANDY PARK RECREATION CENTER GYM
801 SW 174th ST
NORMANDY PARK, WA 98166

MASTER INSTRUCTORS · SCOTT CRAIG & SUSAN McCall
WWW.SEATTLETAEKWONDOACADEMY.COM
PHONE 206-444-9473

| MONDAY | TUESDAY | WEDNESDAY |
|---|--|---|
| <p>4:00 - 4:50 PRIVATE LESSONS</p> | <p>4:00 - 4:50 PRIVATE LESSONS</p> | <p>4:00 - 4:50 PRIVATE LESSONS</p> |
| <p>5:00 - 5:50 BASICS / FORMS Juniors Gym</p> | <p>TINY TIGERS 5:00 - 5:30 JUNIORS 5:00 - 5:50 Gym</p> | <p>5:00 - 5:50 KICKING / SPARRING Juniors Gym</p> |
| <p>6:00 - 6:50 BASICS / FORMS TEENS Gym</p> | <p>6:00 - 6:50 WOMEN'S KICKBOXING TEENS Gym</p> | <p>6:00 - 6:50 KICKING / SPARRING TEENS Gym</p> |